



Food & Friends

- **Purpose:** Food & Friends is the only community-based organization in the D.C. region providing home-delivered medically tailored meals and medical nutrition therapy to our neighbors living with cancer, HIV/AIDS, and other serious illnesses.
- **Summary of Benefits/Services:** We provide freshly prepared, home-delivered medically tailored meals, groceries and nutrition therapy for neighbors with serious illnesses and their dependents and caregivers. We also connect them to a caring community of volunteers who deliver the meals.
- **Qualifications and Supporting Documents:** Individuals receiving services must be referred by a medical provider or insurer. There is no income requirement for our services.
- **Application Process:** Online portal: <https://foodandfriends.org/how-to-get-meals/>
- **Benefits format:** Freshly prepared, home-delivered medically tailored meals and groceries plus individualized therapy with a registered dietitian.
- **Contact for Families:** (202) 269-2277 FOODANDFRIENDS.ORG
- **Contact for Providers:** phone number/email Tori Carney (she/they) tcarney@foodandfriends.org

